

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		Sunday
09:15-09:45	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Free	Tao's Restaurant is open from 13:00
10:00-11:15	Pilates <i>Thalia</i>	Iyengar Yoga <i>Tassos</i>	The Ball Game <i>Noa</i>	Pilates <i>Thalia</i>	Hatha Yoga <i>Ale</i>	Iyengar Yoga <i>Tassos</i>	15€	
11:30-12:30		The Ring <i>Tsiki</i>			The Ring <i>Tsiki</i>		15€	
16:00-17:00				Osho Kundalini Meditation			Free	
18:00-19:30	Hatha Yoga <i>Ale</i>	Kundalini Yoga <i>Anat</i>	Vinyasa Yoga <i>Ale</i>		Kundalini Yoga <i>Anat</i>		15€	

**Upcoming workshops** – The Neutral Mind with Carolyn Cowan (26-29 May) & Gaga & Yoga (3-7 June)

Weekly Card 60€ Monthly Yoga 70€ Monthly Ring 50€

For more details please contact us; [taos@taos-greece.com](mailto:taos@taos-greece.com) or check our site: [taos-greece.com](http://taos-greece.com)