

## Ashtanga Yoga with Chuck Miller

	Day 1	Day 2	Day 3	Day 4	Day 5
08:00-11:00	Morning Practice	Morning Practice	Morning Practice	Morning Practice	Morning Practice
11:15	Brunch & Registration	Brunch	Brunch	Brunch	Brunch
	Island/Beach time	Island/Beach time	Island/Beach time	Island/Beach time	Island/Beach time
17:00-20:00	Afternoon Clinic	Afternoon Clinic	Afternoon Clinic	Afternoon Clinic	Afternoon Clinic
20:15	Dinner	Dinner	Dinner	Dinner	Dinner