



# Gaga Yoga Schedule

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
09:00 – 11:00		Yoga	Yoga	Yoga	Yoga	Yoga
11:00		Light Breakfast	Light Breakfast	Light Breakfast	Light Breakfast	Light Breakfast
12:30 – 13:30		Gaga	Gaga	Gaga	Gaga	Gaga
13:30		Lunch	Lunch	Lunch	Lunch	Lunch
17:30 – 18:30	Intro tour, registration & <b>Gaga Intro Session (19:00)</b>	Gaga	Gaga	Gaga	Gaga	Gaga
18:45 – 19:30		Mindfulness	Mindfulness	Mindfulness	Mindfulness	Mindfulness