

Kundalini Yoga & Sound with Beant Devi & Joyleen Rao

	Wednesday 25/10	Thursday 26/10	Friday 27/10	Saturday 28/10	Sunday 29/10	
09:00-11:00	Arrival	Workshop Opening Session	Workshop Session	Workshop Session	Workshop Closing Session	
11:00		Brunch & Registration	Brunch	Brunch	Departure	
		Island/Beach time	Island/Beach time	Island/Beach time		
18:00-20:00		Intro Sound Healing Session	Workshop Session	Workshop Session		Workshop Session
20:00			Dinner			Dinner