

## Kundalini Yoga & Sound with Beant Devi & Joyleen Rao

	Wednesday 25/10	Thursday 26/10	Friday 27/10	Saturday 28/10
09:00-11:00	Arrival	Workshop Session	Workshop Session	Workshop Session
11:00		Brunch & Registration	Brunch	Brunch
		Island/Beach time	Island/Beach time	Island/Beach time
18:00-20:00	Intro Sound Healing Session	Workshop Session	Workshop Session	Workshop Session
20:00		Dinner		Dinner