

Californian/Esalen Massage	Barbara	1.5h	70 €	InLove Therapy	Orly	1 to 1.5h	90 €
Relaxation Massage with oil. Relieves stress & tension. Deep muscle work, gentle rocking & stretching.				Counseling, creative sessions, healing, Day & Night Dream work, waking up to your true self.			
Ayurvedic Warm Oil Massage	Evita	1h / 1.5h	60€ / 70€	Astrology Chart Readings	Ronit	1.5h	80 €
Deep tissue massage to release tension & energy blocks, bringing balanced flow of life energy & rejuvenation.				Patterns, themes & life lessons in birth chart, current points to deal with & the challenges presented at this time.			
Healing Touch	Prem	1h / 1.5h	60€ / 70€	Biodynamic Rebalancing	Evita	1.5h	70 €
Combination of Craniosacral Therapy, Fascia Release & Yoga Nidra. Releases tension from the body, mind & motion.				Deep touch therapeutic bodywork, healing stressed areas & chronic pains, restoring alignment of body, mind & soul.			
Harmonizing Massage	Eva	1h / 1.5h	60€ / 70€	Harmonizing Energy Therapy	Eva	1 to 1.5h	60€ / 70€
Holistic oil massage for deep relaxation & healing. Combines muscle relaxation techniques, pressure points, organ balancing & energy healing.				Releasing blockages & restoring flow of vital energies through gentle touch. Biodynamic, Craniosacral, Sutrama & Crystals			
Relaxing Massage	Ioanna	1h / 1.5h	60€ / 70€	Chi-Nei-Tsang Therapy	Ester	45 to 1h	50 €
With St. John`s Wort. Light touch to increase lymphatic flow, reduce edema & cellulite, relaxe the muscles & enhance the skin quality.				Taoist healing technique focused on the abdominal area (hara). Detoxifies & revitalises vital organs.			
Kinaesthetic Flow Massage	Janine	1h / 1.5h	60€ / 70€	Pilates Magic Circle	Thalia	1h	60 €
Deep nourishing massage, restoring the body's natural fluidity. Zen Shiatsu, Thai, dance & yoga wisdom influences. Oil & dry techniques.				Increases body awareness providing resistance for muscular strength & endurance. Sculpts & defines upper & lower body.			
Thai Massage & Acupressure	Dimitris	1.5h	70 €				
Influenced from Shiatsu and offering Kinetic Counseling according to the needs of each person.							

Reservations need to be done in advance at the office, by mail: [taos@taos-greece.com](mailto:taos@taos-greece.com)

or by phone 22840-28882 // 698 584 9662

Payment is in cash at the office // [www.taos-greece.com](http://www.taos-greece.com)