

Playful Life Workshop with Ilanit Tadmor

	Wednesday 04/10	Thursday 05/10	Friday 06/10	Saturday 07/10
09:15-09:45	Tao's Morning Meditation (optional)	Tao's Morning Meditation (optional)	Tao's Morning Meditation (optional)	Tao's Morning Meditation (optional)
09:45-10:30	Light Breakfast	Light Breakfast	Light Breakfast	Light Breakfast
10:30-13:30	Workshop Session	Workshop Session	Workshop Session	Workshop Session
13:30	Lunch	Lunch	Lunch	Lunch
	Island/ Beach time	Island/ Beach time	Workshop Outdoor Session	17:00 – 19:30 Workshop Session
19:00-21:30	Workshop Session	Workshop Session		