

Spring Buddhism & Yoga Retreat with Boaz Amichai

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
07:30-09:00	Arrival to Paros, Shuttle and Check In	Morning Session	Morning Session	Morning Session	Morning Session	Morning Session
09:00-10:00		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
10:00-14:00		Noon Session	Noon Session	Noon Session	Free Day	Free Day & Evening Dinner
14:00-15:00		Lunch	Lunch	Lunch		
15:00-19:00	17:30 Shuttle to Tao's, Welcome Tour, Registration & Opening Session	Afternoon Session	Afternoon Session	Receiving Cars & Free Afternoon	18:00 Evening Meditation / Yoga Session	
19:30	Dinner & Shuttle Back	Shuttle Back	Shuttle Back	18:00 Evening Meditation / Yoga Session		