

## Spring Yoga Retreat with Sharon Hila Stern

	Day 1	Day 2	Day 3	Day 4	Day 5
08:30-10:30	Arrival & Check In	Morning Session	Morning Session	Morning Session	Morning Session
10:30		Brunch	Brunch	Brunch	Brunch
11:00-17:00	16:00 Welcome Tour & Registration	Beach/Island time	Beach/Island time	Beach/Island time	Check Out & Departure
17:00-19:00	Opening Session	Afternoon Session	Afternoon Session	Afternoon Session	
19:30	Dinner	Dinner	Dinner	Dinner	
21:00	Evening Activity	Evening Activity	Evening Activity	Evening Activity	