

	Monday 07/08	Tuesday 08/08	Wednesday 09/08	Thursday 10/08	Friday 11/08	Saturday 12/08		Sunday 13/08
09:15 - 09:45	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Free	
10:00 - 11:15	Alignment Yoga Meir	Pilates Thalia	Tai Chi Dimitra	Alignment Yoga Meir	Pilates Thalia	Alignment Yoga Meir	15€	<b>10:00-15:30</b> One-day Workshop: <b>Alignment            Yoga            Intensive</b> with Meir (80€)
11:30 - 12:30		Ring Guided Talk Orly		Ring Guided Talk Orly		Ring Guided Talk Orly	15€	
19:00 - 20:30	19:00-21:00 FULL MOON Special Kundalini Yoga Basantapal	19:00-20:00 Osho Kundalini Meditation (5€)	Yin Yoga Janine	Kundalini Yoga Basantapal	Tai Chi Dimitra	Yin Yoga Janine	15€	
		20:00-21:15 FULL MOON LIVE Clarinet Meditation Harel (5€)	21:30 LIVE MUSIC with YORGOS ZIKAS		21:30 Movie Night		Free	

Multi Card: Weekly Card (all activities) 70€ ; Monthly Yoga 70€ ; Monthly Ring 60€ ; Monthly Pilates 60€

**Upcoming Workshops : The Power of Breath | Kundalini Yoga with Carolyn Cowan, August 26-30**

For more details please contact the office or call (+30) 22840 28882 ; [taos@taos-greece.com](mailto:taos@taos-greece.com) ; [www.taos-greece.com](http://www.taos-greece.com)