

	Monday 17/07	Tuesday 18/07	Wednesday 19/07	Thursday 20/07	Friday 21/07	Saturday 22/07		Sunday 23/07
09:15 - 09:45	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Free	Tao's Restaurant is open from 13:00
10:00 - 11:15	Vinyasa Flow Yoga Janine	Pilates Thalia	The Ball Game Noa	Alignment Yoga Meir	Pilates Thalia	Movement Playground Noa	15€	
11:30 - 12:30		Ring Guided Talk Orly		Ring Guided Talk Orly		Ring Guided Talk Orly	15€	
16:00 - 18:00					Family Constellation Efrat (By Donation)		By Donation	
19:00 - 20:30	Kundalini Yoga Basantapal	Alignment Yoga Meir	Alignment Yoga Meir	Kundalini Yoga Basantapal	Yin Yoga Janine	19:00-22:00 Saturday with Orly Meditation	15€	
						35€ (30€ locals)		

Multi Card: Weekly Card (all activities) 70€ ; Monthly Yoga 70€ ; Monthly Ring 60€ ; Monthly Pilates 60€

Upcoming Workshops: Common Ground with Orly Doctori, August 04-05

For more details please contact the office or call (+30) 22840 28882 ; taos@taos-greece.com ; www.taos-greece.com