

Wild Root Vocal Journey with Amit Carmeli

	Monday 09/10	Tuesday 10/10	Wednesday 11/10	Thursday 12/10	Friday 13/10	Saturday 14/10		Sunday 15/10
09:15-09:45	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Free	Tao's Restaurant is open from 13:00
10:00 - 11:15	Hatha Yoga Niamh	Pilates Thalia	Movement & Voice Eva	Hatha Yoga Niamh	Pilates Thalia	Movement & Intuition Eva	15€	
11:30 - 12:30		Ring Guided Talk Orly		Ring Guided Talk Orly		12:00-15:00 Exchange Bazaar (free)	15€	
16:00-17:00	Osho Kundalini Meditation				Osho Kundalini Meditation		5€	
18:00 - 19:30	Kundalini Yoga Basantapal	Yin Yoga Niamh	Yin Yoga Niamh	18:00-21:00 Special Kundalini Yoga Basantapal (20€)	19:00 Wild Root Vocal Journey Ceremony Amit Carmeli (10€)	Yin Yoga Niamh	15€	

Multi Card: Weekly Card (all activities) 70€ ; Monthly Yoga 70€ ; Monthly Ring 60€ ; Monthly Pilates 60€

Upcoming Workshops : Kundalini Yoga & Sound Healing with Beant Devi & Joyleen Rao, October 26-29

For more details please contact the office or call (+30) 22840 28882 ; taos@taos-greece.com ; www.taos-greece.com