

	Monday 11/09	Tuesday 12/09	Wednesday 13/09	Thursday 14/09	Friday 15/09	Saturday 16/09		Sunday 17/09
09:15-09:45	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Free	Tao's Restaurant is open from 13:00
10:00-11:15	Flow Yoga Micol	Pilates Thalia	The Ball Game Noa	Flow Yoga Sivana	Pilates Thalia	Movement Playground Noa	15€	
11:30 - 12:30		Ring Guided Talk Orly		Ring Guided Talk Orly		Ring Guided Talk Orly	15€	
16:00-17:00					Osho Kundalini Meditation		5€	
18:00 - 19:30	Kundalini Yoga Basantapal	Osho Kundalini Meditation (5€)	Yin Yoga Sivana	Kundalini Yoga Basantapal	Movement & Voice Healing Eva <small>(suggested donation 15€)</small>	Yin Yoga Sivana	15€	

Multi Card: Weekly Card (all activities) 70€ ; Monthly Yoga 70€ ; Monthly Ring 60€ ; Monthly Pilates 60€

Upcoming Workshops : Therapists Intensive with Orly, September 22-24 ; Playful Life with Ilanit, October 4-7

For more details please contact the office or call (+30) 22840 28882 ; taos@taos-greece.com ; www.taos-greece.com