





The Flow of Prosperity 8 - 14 July 2019 Paros Greece

The Flow of Prosperity is an experience of well being, relaxation and regeneration.

The power of yoga is combined with the exquisiteness of the Greek land. People from different nations come together to spend 7 days practicing and enjoying the beauty of the island of Paros, where the bright white of Cyclades dances with the yellow of the fields and the deep blue of the Aegean Sea.

Natural practice, experienced teachers, healthy food, scenery, people and local traditions contribute to making it a wonderful experience of connection with our self and the group, which will transform to a precious tool of self-awareness and self-regulation.

We shall be guided by Hari Simran Singh Khalsa, who will lovingly share with us the acquired knowledge and the wisdom gained by spending so many years close to his Master Yogi Bhajan, as well as his personal 40-year practice. The program shall be enriched with the participation of other experienced teachers, who are internationally certified. The team in charge of the retreat has been organizing similar events for more than 20 years.

Meditate on your true nature, leave the past behind, change your present and create a better destiny. Close your eyes and meditate on your beauty, open your eyes and enjoy the marvelous landscape and the sea of Paros.

We are waiting for you at Tao's Center, one of the most beautiful and prestigious centers of yoga and meditation in the Mediterranean.







What we are going to do:

- Kundalini Yoga, (pranayama - practice -relaxation - meditation), Yoga Nidra, Yoga nidra, Sat Guru Charan (Foot Reflexology through meditative approach) - Breawalking

(All workshops and classes will be both in English, Italian and Greek).

Where we are staying:

- Ambelas, Paros, Greece
- Eleana Studios (http://eleanaparos.gr/)
- The workshop will take place 20 minutes walking (5 minutes drive) from the Eleana Hotel, at Tao's Center (taos-greece.com)

How to get there:

http://taos-greece.com/visit-taos/getting-to-taoscenter/?fbclid=IwAR06aXdgmjvVzmPJTrEJIUnwktB24CPZr4Vu54MTw7LKaRfZG_Nx-e1sA-k

If you'd like to be picked up from the port/airport once in Paros, we can book a taxi for you. You will need to tell Tao's Center <u>(taos@taosgreece.com)</u> your time of arrival and place, and specify you are coming to The flow of Prosperity Workshop. You will have to pay the taxi directly.

The prices are:

- Airport Hotel (or Tao's Center) : around 40€
- Port Hotel (or Tao's Center) : around 30€

Cost:

Quadruple room

- 750€ for reservations/registrations till15/05/19
 - o Advance payment 300€ *
 - Rest of the workshop **450€** upon arrival at Tao's Center
- 870€ by registering after16/05/19
 - o Advance payment 450€
 - o Rest of the workshop **420€** upon arrival at Tao's Center







Triple room

- 810€ for reservations/registrations till15/05/19
 - o Advance payment 300€ *
 - Rest of the workshop **510€** upon arrival at Tao's Center

- 930€ by registering after16/05/19

- o Advance payment
 450€ *
- o Rest of the workshop **480€** upon arrival at Tao's Center

Double room

- 890€ for reservations/registrations till15/05/19
 - o Advance payment 350€ *
 - Rest of the workshop 540€ upon arrival at Tao's Center
- 1010€ by registering after16/05/19.
 - Advance payment 500€ *
 - Rest of the workshop 510€ upon arrival at Tao's Center
 - Amount not refundable in case of cancellation from participant's part.

Family/ friends/ escorts, shall not participate at the seminar fully, apart from group activities (classes and workshops).

Family / friends / and other persons accompanying you but not attending the workshop are welcome. They'll be required to respect the times and methods of the course, accepting any changes to the program decided by the organization. They will have a discount of \leq 150.00 on the price of the workshop. For children under 15, the discount is \leq . 200. They cannot participate in the seminar, apart from some group activities that will be open

The above mentioned amount includes accommodation and half-board, tuition fees, organization costs.

Please let us know of any food allergies you might have at the moment of registration

The above costs DO NOT INCLUDE transportation fees (to/from the Hotel, flight/bus tickets, transportation during the seminars, lunch, drinks/beverages,





as well as anything not included in the half-board (as defined by Tao's Center).

If you would like to rent a vehicle (scooter, bicycle, car, etc), Tao's Center will take care of it. You will need to write an email to taos@taos-greece.com explaining what workshop are you joining and what kind of transportation would you like and for how long. Please consider the hotel is 20 minute's walk or 5 minute's drive from the Center, so we strongly recommend to rent transportation.

Prices are:

- Bicycle 8€ per day
- Scooter 10€ per day
- Car 50€ per day (it can be shared among different participants)

What to bring with you:

- Comfortable clothes
- Notebook & pen
- Torch
- swimming suit
- Beach towel
- Hat / sunglasses

Contact:

<u>satnamgreece11@gmail.com</u>

Seminar begins in 8 July 2019 at 18:30'. Kindly arrive at 17:00' the latest at Tao's Center.

For transportation needs, pick up taxis and extensions in the hotel please contact Tao's Center at taos@taos-greece.com

Organizers may change the schedule, should this be considered the best for the group.

During the registration process (Day1) you'll be provided with the full schedule, along with the contact details of the assigned people for resolving/managing any possible requests / issues during this seminar.

Sat Nam