

Deep Bodywork	Evita	1.5h	70 €	InLove Therapy	Orly	1 to 1.5h	90 €
Deep therapeutic bodywork based on myofascial release and rebalancing. Brings freedom from pain, emotional awareness & deep connection with oneself				Counseling, creative sessions, healing, Day & Night Dream work, waking up to your true self.			
Combined Holistic Massage	Ale	1h / 1.5h	60€ / 70€	Astrology Chart Readings	Ronit	1.5h	80 €
Combination of Thai, Ayurvedic & Deep tissue techniques focusing on breath, fluid & slow movements, stretchings & twists; releasing tension & relaxing the nervous system (with oil)				Patterns, themes & life lessons in birth chart, current points to deal with & the challenges presented at this time.			
Thai Massage & Acupressure	Dimitris	1.5h	70 €	Biodynamic Craniosacral Therapy	Eva	1 - 1.5h	70 €
Combining pressure points, stretching and mobilizations, releasing muscle tension and balancing energy circulation				Through gentle touch, releasing blockages and restoring balance & flow of vital energy, activating self-healing process.			
Harmonizing Massage	Eva	1h / 1.5h	60€ / 70€	Pilates Magic Circle	Thalia	1h	70 €
Healing oil massage, combines acupressure, muscle relaxation techniques, organ balancing & energetic healing				Increases body awareness providing resistance for muscular strength & endurance. Sculpts & defines upper & lower body			
Californian/Esalen Massage	Barbara	1.5h	70 €				
Relaxation Massage with oil. Relieves stress & tension. Deep muscle work, gentle rocking & stretching.							

For Private Yoga classes, please ask at the office.

Reservations can be made at the office, by mail to: taos@taos-greece.com or call 22840-28882 ; www.taos-greece.com