

Californian/Esalen Massage	Barbara	1.5h	70 €	InLove Therapy	Orly	1 to 1.5h	90 €
Relaxation Massage with oil. Relieves stress & tension. Deep muscle work, gentle rocking & stretching.				Counseling, creative sessions, healing, Day & Night Dream work, waking up to your true self.			
Deep bodywork	Evita	1.5h	70 €	Astrology Chart Readings	Ronit	1.5h	80 €
Deep therapeutic bodywork based on myofascial release and rebalancing. Brings freedom from pain, emotional awareness & deep connection with oneself.				Patterns, themes & life lessons in birth chart, current points to deal with & the challenges presented at this time.			
Harmonizing Massage	Eva	1h / 1.5h	60€ / 70€	Vocal and Breathing Session	Amit	1 to 1.5h	80 €
Healing oil massage, combines acupressure, muscle relaxation techniques, organ balancing & energetic healing				Experiencing your true nature & unique voice, deepening the intimacy with yourself & getting in touch with your creative nature.			
Thai Massage & Acupressure	Dimitris	1.5h	70 €	Harmonizing Therapy	Eva	1 to 1.5h	60€ / 70€
Influenced from Shiatsu and offering Kinetic Counseling according to the needs of each person.				Releasing blockages & restoring flow of vital energies through gentle touch. Biodynamic Craniosacral, Sutrama & healing stones.			
Relaxing Massage	Ioanna	1h / 1.5h	60€ / 70€	Pilates Magic Circle	Thalia	1h	70€
With St. John`s Wort. Light touch to increase lymphatic flow, reduce edema & cellulite, relaxe the muscles & enhance the skin quality.				Increases body awareness providing resistance for muscular strength & endurance. Sculpts & defines upper & lower body.			
Therapeutic Massage	Tania	1h / 1.5h	60€ / 70€	Healing Yin Yoga for women	Eleni	1h / 1.5h	60€ / 70€
A personalised holistic massage, adapted to each body's needs. It combines elements of relaxation & deep tissue massage, providing a full body & soul refreshment.				Long held yoga poses & breath work to remove blockages from the physical and emotional body. Essential oils are also used accordingly.			

For Private Yoga classes, please ask at the office.

Reservations can be made at the office, by mail to: taos@taos-greece.com or call 22840-28882 ;
payment is in cash at the office ; www.taos-greece.com