

<b>Californian/Esalen Massage</b>	Barbara	1.5h	70 €	<b>Ayurvedic Warm Oil Massage</b>	Evita	1h / 1.5h	60€ / 70€
Relaxation Massage with oil. Relieves stress & tension. Deep muscle work, gentle rocking & stretching.				Deep tissue massage to release tension & energy blocks, bringing balanced flow of life energy, rejuvenation & deep relaxation.			
<b>Deep bodywork</b>	Evita	1.5h	70 €	<b>InLove Therapy</b>	Orly	1 to 1.5h	90 €
Deep therapeutic bodywork based on myofascial release and rebalancing. Brings freedom from pain, emotional awareness & deep connection with oneself.				Counseling, creative sessions, healing, Day & Night Dream work, waking up to your true self.			
<b>Harmonizing Massage</b>	Eva	1h / 1.5h	60€ / 70€	<b>Astrology Chart Readings</b>	Ronit	1.5h	80 €
Healing oil massage, combines acupressure, muscle relaxation techniques, organ balancing & energetic healing				Patterns, themes & life lessons in birth chart, current points to deal with & the challenges presented at this time.			
<b>Thai Massage &amp; Acupressure</b>	Dimitris	1.5h	70 €	<b>Back to the original breath</b>	Doron	1.5h	70 €
Influenced from Shiatsu and offering Kinetic Counseling according to the needs of each person.				A unique therapeutic model, uses various breathing techniques under a conscious & safe process provides relief from difficult emotions, beliefs & behavior patterns that negatively affect our live			
<b>Relaxing Massage</b>	Ioanna	1h / 1.5h	60€ / 70€	<b>Harmonizing Therapy</b>	Eva	1 to 1.5h	60€ / 70€
With St. John`s Wort. Light touch to increase lymphatic flow, reduce edema & cellulite, relaxe the muscles & enhance the skin quality.				Releasing blockages & restoring flow of vital energies through gentle touch. Biodynamic Craniosacral, Sutrama & healing stones.			
<b>Therapeutic Massage</b>	Tania	1h / 1.5h	60€ / 70€	<b>Pilates Magic Circle</b>	Thalia	1h	70€
A personalised holistic massage, adapted to each body's needs. It combines elements of relaxation & deep tissue massage, providing a full body & soul refreshment.				Increases body awareness providing resistance for muscular strength & endurance. Sculpts & defines upper & lower body.			

*For Private Yoga classes, please ask at the office.*

Reservations can be made at the office, by mail to: [taos@taos-greece.com](mailto:taos@taos-greece.com) or call 22840-28882 ;  
payment is in cash at the office ; [www.taos-greece.com](http://www.taos-greece.com)