

<b>Deep Bodywork</b>	Evita	1.5h	80 €	<b>InLove Therapy</b>	Orly	1 to 1.5h	110 €
Deep therapeutic bodywork based on myofascial release and rebalancing. Acts on the layers of fascia to release chronic tensions. Brings freedom from pain, emotional awareness & deep connection with oneself (without oil).				Counseling, creative sessions, healing, Day & Night Dream work, waking up to your true self.			
<b>Combined Holistic Massage</b>	Ale	1h / 1.5h	60€ / 70€	<b>Astrology Chart Readings</b>	Ronit	1.5h	80 €
Combination of Thai, Swedish & Deep tissue techniques focusing on breath, fluid & slow movements, stretchings & twists; releasing tension & relaxing the nervous system (with oil).				Patterns, themes & life lessons in birth chart, current points to deal with & the challenges presented at this time.			
<b>Thai Massage &amp; Acupressure</b>	Dimitris	1.5h	70 €	<b>Pilates Magic Circle</b>	Thalia	1h	70 €
Combining pressure points, stretching and mobilizations, releasing muscle tension and balancing energy circulation (with our without oil).				Increases body awareness providing resistance for muscular strength & endurance. Sculpts & defines upper & lower body.			
<b>Harmonizing Touch</b>	Eva	1.5h / 2h	80€ / 100€				
Holistic healing. Biodynamic craniosacral, ayurvedic acupressure, quiro-massage, organ balancing, creativity and counseling.							
<b>Californian / Esalen Massage</b>	Barbara	1.5h	80€				
Relaxation Massage with oil. Relieves stress & tension. Deep muscle work, gentle rocking & stretching.							

*For Private Yoga classes, please ask at the office.*

Reservations can be made at the office, by mail to: [taos@taos-greece.com](mailto:taos@taos-greece.com) or call 22840-28882 ; [www.taos-greece.com](http://www.taos-greece.com)