

Californian/Esalen Massage Relaxation Massage with oil. Relieves stress & tension. Deep muscle work, gentle rocking & stretching.	Barbara	1.5h	70 €	InLove Therapy Counseling, creative sessions, healing, Day & Night Dream work, waking up to your true self.	Orly	1 to 1.5h	90 €
Deep bodywork Deep therapeutic bodywork based on myofascial release and rebalancing. Brings freedom from pain, emotional awareness & deep connection with oneself.	Evita	1.5h	70 €	Astrology Chart Readings Patterns, themes & life lessons in birth chart, current points to deal with & the challenges presented at this time.	Ronit	1.5h	80 €
Harmonizing Massage Healing oil massage, combines acupressure, muscle relaxation techniques, organ balancing & energetic healing	Eva	1.5h	70 €	Harmonizing Therapy Releasing blockages & restoring flow of vital energies through gentle touch. Biodynamic Craniosacral, Sutrama & healing stones.	Eva	1 to 1.5h	60€ / 70€
Thai Massage & Acupressure Influenced from Shiatsu and offering Kinetic Counseling according to the needs of each person.	Dimitris	1.5h	70 €	Pilates Magic Circle Increases body awareness providing resistance for muscular strength & endurance. Sculpts & defines upper & lower body.	Thalia	1h	70€
Relaxing Massage With St. John`s Wort. Light touch to increase lymphatic flow, reduce edema & cellulite, relaxe the muscles & enhance the skin quality.	Ioanna	1h / 1.5h	60€ / 70€	Harmonizing Therapy Releasing blockages & restoring flow of vital energies through gentle touch. Biodynamic Craniosacral, Sutrama & healing stones.	Eva	1 to 1.5h	60€ / 70€

For Private Yoga classes, please ask at the office.

Reservations can be made at the office, by mail to: taos@taos-greece.com or call 22840-28882 ;
 payment is in cash at the office ; www.taos-greece.com