

	Monday 16/04	Tuesday 17/04	Wednesday 18/04	Thursday 19/04	Friday 20/04	Saturday 21/04		Sunday 22/04
09:15-09:45	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Free	Tao's Restaurant is open from 13:00
10:00 - 11:15	Iyengar Yoga Tassos	Ring Guided Talk (10€)	Active Meditation (5€)	Iyengar Yoga Tassos	Movement Janine	Alignment Hatha Yoga Annika	15€	
11:30 - 12:30					Ring Guided Talk (10€)			
17:00-18:00		Osho Kundalini Meditation		Osho Kundalini Meditation			5€	
18:00-19:30			Alignment Hatha Yoga Annika		Yin Yoga Janine		15€	

Multi Card: Weekly Card (all activities) 50€ ; Monthly Yoga 60€ ;

Upcoming Workshops : Ashtanga Yoga with Chuck Miller, May 17-21

The Neutral Mind | Kundalini Yoga with Carolyn Cowan, May 30 – June 02

For more details please contact the office or call (+30) 22840 28882 ; taos@taos-greece.com ; www.taos-greece.com