

	Monday 09/07	Tuesday 10/07	Wednesday 11/07	Thursday 12/07	Friday 13/07	Saturday 14/07		Sunday 15/07
09:15 - 09:45	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Free	Tao's Restaurant is open from 13:00
10:00 - 11:15	Vinyasa Yoga Magda	Pilates Thalia	Iyengar Meir	Vinyasa Yoga Magda	Pilates Thalia	Natural Rhythm Eva	15€	
11:30 - 12:30		The Ring Guided Talk Orly		The Ring Guided Talk Orly		The Ring Guided Talk Orly	15€	
19:00 - 20:30		Kundalini Yoga Alexandra	Slow Alignment Vinyasa Yoga Magda	Iyengar Meir	Kundalini Yoga Alexandra	Slow Alignment Vinyasa Yoga Magda	15€	
			21:30 LIVE MUSIC NIGHT				Free	

Multi Card: Weekly Card (all activities) 70€ ; Monthly Yoga 70€ ; Monthly Ring 60€ ; Monthly Pilates 60€

Upcoming Workshops : Iyengar Yoga Weekend with Meir, July 21-22

Know Yourself / Day to Day Awareness with Orly Doctori, July 26-28