

TAO'S OPEN DAY

	Monday 11/06	Tuesday 12/06	Wednesday 13/06	Thursday 14/06	Friday 15/06	Saturday 16/06		Sunday 17/06
09:15 - 09:45	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Free	Tao's Restaurant is open from 13:00
10:00 - 11:15	Hatha Yoga Eleni	Pilates Thalia	The Ball Game Noa	Vinyasa Yoga Eleni	Pilates Thalia	Hatha Yoga Eleni (Free)	15€	
11:30 - 12:30		The Ring Guided Talk Orly		The Ring Guided Talk Orly		The Ring Guided Talk Orly (Free)	15€	
18:00 - 19:30	Kundalini Yoga Maree	Kundalini Yoga Maree		Yin Yoga Eleni		Chi Kung Dimitris (Free)	15€	
								Intro to GAGA Ohad Fishof 20:00 (Free)

Multi Card: Weekly Card (all activities) 60€ ; Monthly Yoga 60€ ; Monthly Pilates 50€

Upcoming Workshops : Gaga & Yoga with Ouvi & Ohad, June 18-22

Beyond Femininity with Orly Doctori, June 28 – July 01