

	Monday 14/05	Tuesday 15/05	Wednesday 16/05	Thursday 17/05	Friday 18/05	Saturday 19/05		Sunday 20/05
09:15-09:45	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Free	Tao's Restaurant is open from 13:00
10:00 - 11:15	Iyengar Yoga Tassos	Pilates Thalia	Active Meditation (5€)	Iyengar Yoga Tassos	Pilates Thalia	Movement Eva	15€	
11:30 - 12:30		Ring Guided Talk Orly		Ring Guided Talk Orly		Ring Guided Talk Orly	15€	
16:00-17:00		Osho Kundalini Meditation			Osho Kundalini Meditation		5€	
18:00-19:30	Yin Yoga Janine			Chi Kung Dimitri			15€	

Multi Card: Weekly Card (all activities) 60€ ; Monthly Yoga 60€ ; Monthly Pilates 50€

Upcoming Workshops : The Neutral Mind | Kundalini Yoga with Carolyn Cowan, May 30 – June 02

Gaga & Yoga with Ouvi & Ohad, June 18-22

For more details please contact the office or call (+30) 22840 28882 ; taos@taos-greece.com ; www.taos-greece.com