



Adi & Michal Yoga Retreat

	Day 1	Day 2	Day 3	Day 4	Day 5
08:00 – 10:30		Morning Practice	Morning Practice	Morning Practice	Morning Practice
11:00		Brunch	Brunch	Brunch	Brunch
17:00 – 19:30	Intro tour, registration & opening session	Afternoon practice	Afternoon practice	Afternoon practice	
19:30	Dinner	Dinner	Dinner	Dinner	