

5Rhythms with Anat | May 2024 Schedule

	Tues May 28	Wed May 29	Thurs May 30	Fri May 31	Sat June 1
09:00		Breakfast	Breakfast	Breakfast	Breakfast
10:00 – 14:00		Morning & Noon Sessions	Morning & Noon Sessions	Morning & Noon Sessions	Morning & Closing Session
14:00		Lunch	Lunch	Lunch	Lunch

Orientation,
registration &
Opening Session

Dinner