Boaz Amichay Meditation Retreat | Schedule

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
07:30 – 09:00		Morning Session	Morning Session	Morning Session	Morning Session	Morning Session	Morning Session
09:00		Light Breakfast	Light Breakfast	Light Breakfast	Light Breakfast	Light Breakfast	Light Breakfast
10:30 – 13:30		Noon Session	Noon Session	Noon Session	Noon Session	Noon Session	Closing Session
13:30		Lunch	Lunch	Lunch	Lunch	Lunch	
14:30 – 18:30	Intro tour, registration & Opening Session	Afternoon Session	Afternoon Session	Afternoon Session	Afternoon Session	Afternoon Session	
19:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	