

Boaz Amichay Meditation Retreat | Schedule

	Sun May 11	Mon May 12	Tues May 13	Wed May 14	Thurs May 15	Fri May 16	Sat May 17
07:30 – 09:00	Arrival, Shuttle to hotel, check in, shuttle to Tao's, Orientation & Registration	Morning Session	Morning Session	Morning Session	Morning Session	Morning Session	Closing Session
09:00		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
10:30 – 13:30		Noon Session	Outdoors Hike				
13:30	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch outside
14:30 – 18:30	Retreat Opening	Afternoon Session	Afternoon Session	Afternoon Session	Afternoon Session	Afternoon Session	Check out, Shuttle to airport,
19:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	departure