

Gaga Yoga Schedule

| | Day 1 | Day 2 | Day 3 | Day 4 | Day 5 | Day 6 |
|---------------|---|-----------------|-----------------|-----------------|-----------------|-----------------|
| 09:00 – 10:30 | | Yoga | Yoga | Yoga | Yoga | Yoga |
| 10:30 | | Light Breakfast | Light Breakfast | Light Breakfast | Light Breakfast | Light Breakfast |
| 11:45 – 12:45 | | Gaga | Gaga | Gaga | Gaga | Gaga |
| 13:30 | | Lunch | Lunch | Lunch | Lunch | Lunch |
| 18:00 – 19:00 | Intro tour, registration & short introduction | Gaga | Gaga | Gaga | Gaga | Gaga |
| 19:15 – 19:45 | | Mindfulness | Mindfulness | Mindfulness | Mindfulness | Mindfulness |