



Gaga Yoga Schedule | June 2025

	Sun June 1	Mon June 2	Tues June 3	Wed June 4	Thurs June 5	Fri June 6
09:00 – 10:30		Yoga	Yoga	Yoga	Yoga	Yoga
10:30		Light Breakfast	Light Breakfast	Light Breakfast	Light Breakfast	Light Breakfast
11:45 – 12:45		Gaga	Gaga	Gaga	11:45 - 13:15 Gaga Metodika	Gaga
13:30		Lunch	Lunch	Lunch	Lunch	Lunch
18:00 – 19:00	17:00 Orientation, registration & Intro Session	Gaga	Gaga	17:00 Gaga Talk & Gaga Session	15:00 Hike in Nature	Mindfulness & Gaga & Closing Jam
19:15 – 19:45		Mindfulness	Mindfulness	Mindfulness		