



Kundalini Yoga Retreat with Maree | 2024 Schedule

	Sun Sept 22	Mon Sept 23	Tues Sept 24	Wed Sept 25	Thurs Sept 26	Fri Sept 27	Sat Sept 28
08:00 - 10:00		Morning Session	Morning Session	Morning Session	Morning Session	Morning Session	Morning Session
10:00		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
17:00 - 19:00	18:00 Orientation, registration & Opening Session	Afternoon Session	Afternoon Session	Afternoon Session	Free afternoon & evening	Outdoors Session	Closing Session
19:15	20:00 Dinner @ Tao's	Dinner out	Dinner @ Tao's	Dinner out		Dinner out	Dinner @ Tao's