



# Iyengar Yoga with Nancy in Tao's | June 2024 Schedule

|               | Tues   June 25                                    | Wed   June 26     | Thurs   June 27   | Fri   June 28     | Sat   June 29     | Sun   June 30   |
|---------------|---|-------------------|-------------------|-------------------|-------------------|-----------------|
| 08:00 – 10:30 |   | Morning Session   | Morning Session   | Morning Session   | Morning Session   | Closing Session |
| 10:30         |   | Breakfast         | Breakfast         | Breakfast         | Breakfast         | Breakfast       |
| 18:00 – 20:00 | Orientation,<br>registration &<br>Opening Session | Afternoon Session | Afternoon Session | Afternoon Session | Afternoon Session |                 |
| 20:00         | Dinner  | Dinner            | Dinner            | Dinner            | Dinner            |                 |