



Yoga & Coaching with Perrine & Annika | Schedule

	Day 1	Day 2	Day 3	Day 4	Day 5
09:00		Breakfast	Breakfast	Breakfast	
10:00 – 12:00		Morning Practice	Morning Practice	Morning Practice	
12:00		Break	Break	Break	
12:30 – 14:00		Noon Practice	Noon Practice	Noon Practice	Free morning and departure
14:00		Lunch	Lunch	Lunch	
18:00 – 20:00	Intro tour & registration	Afternoon Practice	Afternoon Practice	Afternoon Practice	
20:00	Dinner				