



## Hatha & Yin Yoga Retreat with Pascal | 2026 Schedule

	Sun   June 14	Mon   June 15	Tues   June 16	Wed   June 17	Thurs   June 18	Fri   June 19	Sat   June 20
08:00 – 10:30		Morning Meditation & Hatha Flow Practice	Closing Session				
10:30		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
17:00 – 19:30	Intro tour, registration & Opening Session	Yin Yoga Practice	Yin Yoga Practice				
19:30	Dinner	Dinner		Dinner		Dinner	