



Therapies, Body Work & Personal Counseling

Deep Bodywork	Evita	1.5h	95 €	Zen Shiatsu Massage	Maria	1.5h	95 €
Deep therapeutic bodywork based on myofascial release and rebalancing. Acts on the layers of fascia to release chronic tensions. Brings freedom from pain, emotional awareness & deep connection with oneself (without oil).				Japanese massage technique involving stretching of joints, releasing blockages and re-balancing the body's natural energy by focusing on the meridian lines and pressure points (on a mattress, fully-clothed, without oil)			
Harmonizing Touch	Eva	1.5 / 2h	95 / 120€	Emotional Deprogramming	Eva	2h	120 €
Holistic hands-on therapy, adjusted to the person's need. May include oil, Ayurvedic acupressure, organ massage, Biodynamic Craniosacral therapy, Bars and health coaching.				Psychosomatic therapy, unlocking and releasing symptoms/patterns in both body and mind and supplying tools to align and create the life you wish for.			
Combined Holistic Massage	Ale	1.5h	95 €	Astrology Chart Reading	Ronit	1.5h	120 €
Combining Thai, Swedish & Deep tissue techniques focusing on breath, slow movements, stretchings & twists; releasing tension & relaxing the nervous system (with oil).				Patterns, themes and life lessons in Birth Chart, current points to deal with and the challenges presented at this time.			
Thai Massage & Acupressure	Dimitris	1.5h	95 €	InLove Therapy Counseling	Orly	1h	120 €
Combining pressure points, stretching and mobilizations, releasing muscle tension and balancing energy circulation (on a mattress, fully clothed, without oil).				Counseling, creative sessions, healing, Day & Night Dream work, waking up to your true self.			
Private Yoga Pilates Movement	Tao's Teachers	1h	60 €				

PLEASE RESERVE FEW DAYS AHEAD: +30 22840 28882 | taos@taos-greece.com | Whatsapp: +30 693 4508654