

Weekly Schedule | October 19 - 25

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		Sunday
09:45-10:15	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	09:45 - 14:00	Free	Island time..
10:30-12:00	Kundalini Yoga Alexandra	Vinyasa Yoga Anna	Vinyasa Yoga Nehama	Vinyasa Yoga Anna	Kundalini Yoga Alexandra	What Is It All About? The Buddhist View and You Meditations, Talks & Kundalini practice (by donation)	15€	



PLEASE RESERVE YOUR SPOT AHEAD: +30 22840 28882 | taos@taos-greece.com | Whatsapp: +30 693 4508654

Weekly Card 50€

TREATMENTS, MASSAGES, THERAPIES | Whatsapp: +30 693 4508654