

Weekly Schedule | September 14-20

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		Sunday
09:45-10:15	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Free	Island time..
10:30-12:00	Vinyasa Yoga Anna	Pilates Eliza	Chi Kung (by donation) Dimitris	Vinyasa Yoga Anna	The Ring Tsiki	The Buddhist View: Talk & Screening (by donation)	15€	
18:00-19:30	Osho Kundalini Meditation (by donation)	Yin Yoga Janine		Osho Kundalini Meditation (by donation)	Yin Yoga Janine	Movement & Mindfulness Ilanit	15€	

PLEASE RESERVE YOUR SPOT AHEAD: +30 22840 28882 | taos@taos-greece.com | Whatsapp: +30 693 4508654

Morning Monthly Card 80€ | Weekly Card 80€ | Afternoon Monthly Card 80€

Bodywork Treatments, Healing Therapies, Relaxing Massages & Private Lessons | Whatsapp: +30 693 4508654