

Gaga Yoga Schedule | June 2024

	Sun June 2	Mon June 3	Tues June 4	Wed June 5	Thurs June 6	Fri June 7
09:00 – 10:30		Yoga	Yoga	Yoga	Yoga	Yoga
10:30		Light Breakfast	Light Breakfast	Light Breakfast	Light Breakfast	Light Breakfast
11:45 – 12:45		Gaga	Gaga	Gaga	11:45 - 13:15 Gaga Metodika	Gaga
13:30		Lunch	Lunch	Lunch	Lunch	Lunch
18:00 – 19:00	17:00 Orientation, registration & Intro Session	Gaga	Gaga	17:00 Gaga Talk & Gaga Session	15:00 Hike in Nature	Mindfulness & Gaga & Closing Jam
19:15 – 19:45		Mindfulness	Mindfulness	Mindfulness		