



Therapies, Body Work & Personal Counseling

Deep Bodywork	Evita	1.5h	120 €	Zen Shiatsu Massage	Maria	1 / 1.5h	80 / 120€
Deep therapeutic bodywork based on myofascial release and rebalancing. Acts on the layers of fascia to release chronic tensions. Brings freedom from pain, emotional awareness & deep connection with oneself (<i>without oil</i>).				Japanese massage technique involving stretching of joints, releasing blockages and re-balancing the body's natural energy by focusing on the meridian lines and pressure points (<i>on a mattress, fully-clothed, without oil</i>).			
Combined Holistic Massage	Ale	1 / 1.5h	80 / 120€	Harmonizing Therapy	Eva	1.5h	120 €
Combining Thai, Swedish & Deep tissue techniques focusing on breath, slow movements, stretchings & twists; releasing tension & relaxing the nervous system (<i>with oil</i>).				Holistic natural medicine, Ayurvedic acupressure, Chi Nei Tsang organ balancing, Biodynamic craniosacral therapy, Bars Access Consciousness and self healing tools (<i>with oil</i>).			
Thai Massage & Acupressure	Dimitris	1.5h	120 €	Harmonizing Body, Mind & Soul	Eva	1.5h	130 €
Combining pressure points, stretching and mobilizations, releasing muscle tension and balancing energy circulation (<i>on a mattress, fully clothed, with/out oil</i>).				Somatic and compassionate approach to working with the mind and emotions. Bio-Deprogramming symptoms and patterns in both body and mind, supplying tools to connect to one's authenticity and creative power.			
Relaxing Massage	Dimitris	1 / 1.5h	80 / 120€	Astrology Chart Reading	Ronit	1.5h	130 €
Combination of muscle relaxation techniques, pressure points, organ balancing and energy healing, tailored to one's needs and aimed at deep relaxation (<i>with/out oil</i>).				Patterns, themes and life lessons in Birth Chart, current points to deal with and the challenges presented at this time.			
Private Yoga Pilates Movement	Tao's Teachers	1h	70 €	InLove Therapy Counseling	Orly	1h	120 €
				Counseling, creative sessions, healing, Day & Night Dream work, waking up to your true self.			

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