



## Therapies, Body Work & Personal Counseling

<b>Deep Bodywork</b>	<b>Evita</b>	<b>1.5h</b>	<b>90 €</b>		<b>Zen Shiatsu Massage</b>	<b>Maria</b>	<b>1.5h</b>	<b>90 €</b>
Deep therapeutic bodywork based on myofascial release and rebalancing. Acts on the layers of fascia to release chronic tensions. Brings freedom from pain, emotional awareness & deep connection with oneself (without oil).					Japanese massage technique involving stretching of joints, releasing blockages in the body and rebalancing the body's natural energy, by focusing on the meridian lines and pressure points. (Fully-clothed)			
<b>Harmonizing Touch</b>	<b>Eva</b>	<b>1.5 / 2h</b>	<b>90 / 120 €</b>		<b>Emotional Deprogramming</b>	<b>Eva</b>	<b>2h</b>	<b>120 €</b>
Holistic hands-on therapy, adjusted to the person's need. May include oil massage, ayurvedic acupressure, biodynamic craniosacral therapy, organ balancing and counseling.					Psychosomatic therapy, unlocking conditionings rooted in the personal, gestational and ancestral story and releasing them.			
<b>Combined Holistic Massage</b>	<b>Ale</b>	<b>1.5h</b>	<b>90 €</b>		<b>InLove Therapy   Counseling</b>	<b>Orly</b>	<b>1h</b>	<b>110 €</b>
Combining Thai, Swedish & Deep tissue techniques focusing on breath, slow movements, stretchings & twists; releasing tension & relaxing the nervous system (with oil).					Counseling, creative sessions, healing, Day & Night Dream work, waking up to your true self.			
<b>Thai Massage &amp; Acupressure</b>	<b>Dimitris</b>	<b>1.5h</b>	<b>90 €</b>		<b>Astrology Chart Readings</b>	<b>Ronit</b>	<b>1.5h</b>	<b>120 €</b>
Combining pressure points, stretching and mobilizations, releasing muscle tension and balancing energy circulation (with our without oil).					Patterns, themes and life lessons in Birth Chart, current points to deal with and the challenges presented at this time.			

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