

UNO

A workshop of creation

Tao's Center, Paros Island, Greece

April 12-18, 2020



Following many years of creation and artistic collaborations, the artists **Anna Waisman**, **Didi Erez** and **Tamara Erde** are launching UNO - a workshop for a multi-media creation, using performance arts, dance, visual arts, music and video.

The urge for a creative expression lives inside each of us. Our creativity is constantly looking for a way out. When this creativity is blocked, we feel frustrated and disconnected from ourselves. But how to begin? How to find my own artistic language? What do I truly want to express?

UNO invites you to take a week off, to disconnect and be fully immersed in a creative process, in the beautiful Island of Paros. In the unique Tao's Center, hosted by its professional, charming team, dedicated just for that, you will have the tools and the company to go on a journey towards your new creation.

The process will be guided by three instructors who share their immense experience, both as creators and as leading and supporting others, in the fields of performance, dance, film, music. With a supportive and not criticizing eye, with attention to each individual's needs, you will be able to investigate your creative path, developing your own sensitivities and areas of artistic creation.

The workshop is meant both for experienced and new artists, and for anyone interested in finding their creative source, in the fields of movement, body work, digital media, music and sound, as well as every combination of these fields. Classes will be held in English and one to one sessions possibly also in Hebrew and French.

If you are open, curious, with an urge to create, with warm spot for nature and group work, if you wish to go on a journey inside and ignite your creative spark, **please join us in UNO**.

For more information, prices and registration:

<http://taos-greece.com/activities-2/workshops-2/uno-creativity-retreat/>

