



Tao's Weekly Schedule | April 14 - 20

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		Sunday
09:15–09:45	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Free	
10:00–11:15	Pilates Eliza	Vinyasa Yoga Anna	Chi Kung Dimitris	Pilates Eliza	Vinyasa Yoga Anna	Osho Kundalini Meditation	20€	

Tao's Restaurant is open daily from 18:00
Megalo Saturday & Monday of Pascha from 13:00



Weekly Card 60€ | Monthly Yoga Card 120€ | Monthly Pilates Card 100€

Please reserve your spot ahead: +30 22840 28882 | taos@taos-greece.com | Whatsapp: +30 697 1538956

Treatments, Therapies, Massages & Private Lessons | **Please reserve few days ahead**