




## Tao's Weekly Schedule | June 23 - 29

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		Sunday
09:15–09:45	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Free	<b>Tao's Restaurant is open for Lunch &amp; Dinner</b>
10:00–11:15	Pilates Eliza	Vinyasa Yoga Anna	Chi Kung Dimitris	Pilates Eliza	Vinyasa Yoga Anna	Morning Flow & Stretch Anna	20€	

**Tao's Restaurant is open daily from 18:00**

18:00–19:15	Yin Yoga Suzanne		Soft Afternoon Yoga Anna	Yin Yoga Suzanne		<b>Tao's Restaurant is open for Lunch &amp; Dinner</b>	20€	
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Weekly Card 100€ | Monthly Yoga Card 150€ | Monthly Pilates Card 100€

**Please reserve your spot ahead:** +30 22840 28882 | [taos@taos-greece.com](mailto:taos@taos-greece.com) | Whatsapp: +30 697 1538956

Treatments, Therapies, Massages & Private Lessons | **Please reserve few days ahead**