




# Tao's Weekly Schedule | May 4 - 10

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		Sunday
09:15–09:45	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Free	<b>Tao's Restaurant is open from 13:00</b>
10:00–11:15	Hatha Yoga Lydia	Vinyasa Yoga Anna	Hatha Yoga Irana	Pilates Eliza	Vinyasa Yoga Anna	<b>11:00</b> Chi Kung Dimitris	20€	
11:30–12:45			<b>The Ring</b> Guided sharing circle (20€) Only			<b>12:00</b> Tao's Spring Exchange Bazaar		

**Tao's Restaurant is open daily from 18:00 | Saturday & Sunday from 13:00**

Weekly Card 100€ | Monthly Yoga Card 150€ | Monthly Pilates Card 100€

**Please reserve your spot ahead:** +30 22840 28882 | taos@taos-greece.com | Whatsapp: +30 697 1538956

Treatments, Therapies, Massages & Private Lessons | **Please reserve few days ahead**