



Tao's Weekly Schedule | October 24 - 30

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		Sunday
09:15–09:45	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Free	LAST DAY (!) in Tao's Restaurant 13:00-24:00
10:00–11:15	Vinyasa Yoga Anna	Morning Flow Yoga Sharon	Chi Kung Dimitris	Vinyasa Yoga Anna	Morning Flow Yoga Sharon	11:00 – 15:00 EXCHANGE BAZAAR	15€	
LAST WEEK in Tao's Restaurant 10% discount on all Menu								
18:00-19:15	Yin Yoga Sharon		Soft Flow Yoga Anna	Yin Yoga Sharon			15€	

Weekly Card 80€ | Monthly Yoga Card 120€

Please reserve your spot ahead: +30 22840 28882 | taos@taos-greece.com | Whatsapp: +30 693 4508654

Treatments, Therapies, Massages & Private Lessons | Please reserve few days ahead