



Tao's **Last** Weekly Schedule **of 2023 Season** | October 23 - 29

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		Sunday
09:15–09:45	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Free	LAST DAY of 2023 Season
10:00–11:15	Vinyasa Yoga Anna	Chi Kung Dimitris	Pilates Eliza	Vinyasa Yoga Anna	Pilates Eliza	Movement & Improvisation Noa	15€	Tao's Restaurant is open from 13:00

Last Week in Tao's Restaurant | open daily for Lunch & Dinner



Weekly Card 80€ | Monthly Yoga Card 120€

Please reserve your spot ahead: +30 22840 28882 | taos@taos-greece.com | Whatsapp: +30 693 4508654

Treatments, Therapies, Massages & Private Lessons | **Please reserve few days ahead**