



Yuval Handstand Intensive | October 2025 Schedule

	Tues Sept 30	Wed Oct 1	Thurs Oct 2	Fri Oct 3	Sat Oct 4	Sun Oct 5
08:30		Coffee & Bite	Coffee & Bite	Coffee & Bite	Coffee & Bite	09:30 Coffee & Bite
09:00 – 12:00	Arrival, Taxi to hotel, check-in	Morning Session	Morning Session	Morning Session	Morning Session	10:00-13:00 Closing Session
12:00		Lunch	Lunch	Lunch	Lunch	13:00 Lunch
	15:30 Orientation & registration					
15:00 – 18:00	16:00-19:00 Opening Session	Afternoon Session	Afternoon Session	Afternoon Session	14:30-17:30 Afternoon Session	Taxi to port/airport, departure
19:00	Welcome Dinner					